



Serving (g) Calories (kcal/s) Total fat (g) Saturated fat (g) Trans fat (g) Cholesterol (mg) Sodium (mg) Carbohydrate (g) Fiber (g) Sugars (g) Protein (g) Potassium (%) Calcium (%) Iron (%)

APPETIZERS & SALADS

Imperial Rolls (2 rolls)	100	280	12	3	0	0	40	30	4	4	6	0	4	12
Popcorn Shrimp (2 pcs)	120	200	7	1	0.1	110	530	18	1	1	17	2	6	20
Shrimp Tempura (3 pcs)	60	180	8.0	0.0	0.1	40	125	18	0	0	8	2	0	0
Wakame Salad	125	110	2.0	0.0	0	0	1650	13	4	9	0	1	110	0
Veggie Miso soup	240	108	7.0	1.5	0	0	1200	6	2	3	6	1	20	10
Shrimp Miso Soup	250	120	7	1.5	0	0	1280	6	2	3	10	1	20	10
Edamame Salad	150	200	6.0	0.0	0	0	840	18	8	2	16	0	8	17
Karaage Chicken (6 pcs)	120	330	21.00	4.5	0	70	470	18	0	0	17	4	0	10
Gyoza Beef Wagyu	92	180	10	3.5	0	10	430	17	1	1	7	4	1	13

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INARI / 2 pcs

Vegetarian Inari	92	160	5	2	0	0	180	22	1	5	5	4	10	8
Vegetarian Inari (brown rice)	92	190	6	2	0	0	180	26	2	5	6	4	10	8
Salmon Inari	136	200	8	1	0	25	75	22	0	0	11	4	6	4
Tuna Inari	136	190	5	0.5	0	20	75	22	0	0	13	4	4	4

NIGIRI & SASHIMI / 2 pcs

Syake Nigiri	62	80	2.0	0.3	0	20	15	8	0	0	7	4	0	2
Syake Nigiri (brown rice)	62	100	2.5	0.3	0	20	15	10	1	0	7	4	0	2
Syake Sashimi	42	45	2.0	0.3	0	20	14	0	0	0	6	4	0	2
Kunsei Syake Nigiri	46	50	0.5	0.1	0	5	125	8	0	0	4	4	0	2
Kunsei Syake Nigiri (brown rice)	46	70	1.0	0.1	0	5	125	10	1	0	4	4	0	2
Kunsei Syake Sashimi	26	20	0.5	0.1	0	5	129	0	0	0	3	4	0	0
Ebi Nigiri	44	50	0.2	0.0	0	20	20	8	0	0	3	2	2	2
Ebi Nigiri (brown rice)	44	70	0.5	0.0	0	20	20	10	1	0	4	2	0	2
Ebi Sashimi	24	15	0.2	0.0	0	20	19	0	0	0	3	2	0	2
Maguro Nigiri	58	70	0.3	0.1	0	15	10	8	0	0	7	3	0	2
Maguro Nigiri (brown rice)	58	80	0.5	0.1	0	15	10	10	1	0	7	3	0	2
Maguro Sashimi	38	30	0.3	0.1	0	15	9	0	0	0	7	3	0	2

HOSOMAKI / 6 pcs

Avocado	119	160	8.0	1.5	0	0	15	20	4	0	4	4	4	6
Avocado (brown rice)	119	160	9.0	1.5	0	0	10	18	5	0	3	4	2	6
Kappa	104	90	1.0	0.2	0	0	10	18	2	1	3	2	4	4
Kappa (brown rice)	104	120	2.0	0.2	0	0	10	22	3	1	3	2	2	2
Philly Kappa	114	130	4.5	2.5	0	10	40	18	2	1	4	3	4	4
Philly Kappa (brown rice)	114	160	6.0	2.5	0	10	40	23	3	1	4	3	4	4
Akanasu	109	310	20.0	7.0	0.2	15	640	24	4	4	7	4	8	8
Akanasu (brown rice)	109	340	21.0	7.0	0.2	15	640	28	6	4	7	4	6	6
Avocado Akanasu	149	370	26.0	8.0	0.2	15	640	27	6	4	8	4	8	10
Avocado Akanasu (brown rice)	149	400	27.0	8.0	0.2	15	640	31	8	4	8	4	8	10
Syake	116	140	3.5	0.5	0	20	25	17	1	0	11	3	4	6
Syake (brown rice)	116	170	4.5	0.5	0	20	25	22	3	0	11	3	4	4
Syake Tempura	131	170	4.0	0.5	0	15	85	24	2	1	9	3	4	8
Syake Tempura (brown rice)	131	200	5.0	0.5	0	15	85	28	3	1	10	3	4	6
Tekka	116	130	1.5	0.3	0	20	25	17	1	0	12	2	4	4
Tekka (brown rice)	116	160	2.5	0.3	0	20	25	22	3	0	13	2	4	4
Tekka Tempura	131	160	2.5	0.3	0	15	85	24	2	1	11	3	4	8
Tekka Tempura (brown rice)	131	190	3.0	0.3	0	15	85	28	3	1	11	3	4	6

MAKI / 8 pcs

California Classic	162	180	5.0	1.0	0	5	290	27	2	0	7	2	4	6
California Classic (brown rice)	162	220	6.0	1.0	0	5	290	33	3	0	8	2	4	4
Teriyaki Chicken	166	270	12.0	1.5	0	25	190	34	3	2	6	4	4	6
Teriyaki Chicken (brown rice)	166	310	13.0	1.5	0	25	190	40	5	2	7	4	4	6
Vancouver	168	230	11.0	3.5	0.1	20	300	26	3	1	10	4	6	8
Vancouver (brown rice)	168	270	12.0	3.5	0.1	20	300	31	5	1	11	4	6	5
Twin Salmon	180	230	9.0	1.5	0	45	400	26	3	1	13	4	4	8
Twin Salmon (brown rice)	180	270	10.0	1.5	0	45	400	32	5	1	13	4	4	6
Ebi Maki	178	190	4.0	0.5	0	50	240	30	2	2	9	2	6	10
Ebi Maki (brown rice)	178	230	5.0	0.5	0	50	240	36	5	2	10	2	4	10
911	169	200	4.0	0.5	0	40	300	30	2	2	12	2	4	8
911 (brown rice)	169	240	5.0	0.5	0	40	300	36	5	2	12	2	4	6
Dragon	210	320	13.0	1.0	0	60	330	40	3	2	10	4	2	6
Dragon (brown rice)	210	360	13.0	1.0	0	60	330	46	5	2	11	4	2	4
Tokyo	197	260	12.0	1.5	0	35	490	28	3	2	12	2	2	6
Tokyo (brown rice)	197	300	13.0	1.5	0	35	490	34	5	2	12	2	2	4
Sunkiss	182	270	11.0	1.5	0	50	450	25	2	1	15	4	4	8
Sunkiss (brown rice)	182	310	13.0	1.5	0	50	450	31	4	1	16	4	4	6
Black Mamba	227	400	18	2	0.1	120	570	37	2	1	20	2	4	15
Black Mamba (brown rice)	227	440	19	2	0.1	120	570	43	4	1	21	2	2	10
Red Tiger	200	340	19.0	2.5	0	80	680	25	1	0	16	2	3	6
Red Tiger (brown rice)	200	380	20.0	2.5	0	80	680	31	3	0	17	2	2	6

BLOSSOM

Cherry Blossom 8 pcs	290	440	14.0	2.0	0.2	110	1220	56	0	2	20	6	6	15
Cherry Blossom (brown rice) 8 pcs	290	480	15.0	2.0	0.2	110	1220	62	3	2	20	6	6	10
Volcano	372	650	32.0	3.0	0.2	100	370	56	3	1	31	4	6	10
Volcano (brown rice)	372	720	34.0	3.0	0.2	100	370	67	7	1	32	4	4	10
Mini Volcano 4 pcs	107	190	9	1	0.1	25	145	15	2	1	8	2	2	4
Mini Volcano (brown rice) 4 pcs	107	200	10	1	0.1	25	145	18	3	1	8	2	2	4
Mini Volcano 8 pcs	214	370	19	2	0.2	50	290	30	3	2	15	4	6	8
Mini Volcano (brown rice) 8 pcs	214	400	20	2	0.2	50	290	35	5	2	15	4	4	8
Teriyaki Salmon	231	310	11	1.5	0	35	700	35	3	7	17	3	6	10
Teriyaki Salmon (brown rice)	231	340	13	1.5	0.1	35	700	40	5	7	17	3	6	8
Phoenix 6 pcs	260	430	13	1.5	0	70	1200	59	2	2	16	5	6	15
Phoenix (brown rice) 6 pcs	260	470	14	1.5	0	70	1200	65	5	2	17	5	4	10
Diablo	225	320	12.0	1.5	0.1	70	740	34	2	2	18	4	2	8
Diablo (brown rice)	225	360	13.0	1.5	0.1	70	740	39	4	2	19	4	2	8
Mango Tori	240	420	18.0	3.0	0.0	55	720	48	3	10	18	8	4	10
Mango Tori (brown rice)	240	480	19.0	3.0	0.1	55	720	53	5	10	19	8	4	12
Candyman	240	460	22.0	4.0	0.0	45	680	44	2	9	20	10	6	12
Candyman (brown rice)	240	500	23.0	4.0	0.1	45	680	50	5	9	21	10	6	14

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★ New	Natura	240	320	12.0	2.0	0.0	5	550	45	4	6	6	6	4	8
★ New	Natura (brown rice)	240	350	13.0	2.0	0.0	5	550	50	6	6	7	6	4	10
	HAKO / 6 pcs														
★ New	Aburi	264	690	27.0	2.5	0.0	90	310	80	0	1	27	12	4	7
★ New	Aburi (riz brun)	254	760	30.0	2.5	0.0	90	310	90	7	1	28	12	2	4
★ New	Kara	292	630	17.0	1.0	0.0	75	550	84	2	3	31	15	4	8
★ New	Kara (riz brun)	292	700	21.0	1.0	0.0	75	550	93	8	3	33	15	2	6
	Sirococo	239	360	15.0	1.5	0.1	65	320	40	3	4	15	2	6	8
	Sirococo (brown rice)	239	410	17.0	1.5	0.1	65	320	47	6	4	16	2	4	6
	SUMOMAKI / 5 pcs														
	Lion Roll	203	360	18	2	0.1	65	860	39	2	8	6	3	2	4
	Lion Roll (brown rice)	203	390	19	2	0.1	65	860	44	4	8	7	3	2	4
	Dynamite Roll	160	230	10.0	1.0	0	40	280	29	3	2	7	4	4	4
	Dynamite Roll (brown rice)	160	260	11.0	1.0	0	40	270	34	5	2	7	4	4	4
	Salmon Kamikaze Roll	180	210	6.0	0.5	0	45	430	29	2	2	11	3	2	8
	Salmon Kamikaze Roll (brown rice)	180	250	7.0	0.5	0	45	430	34	4	2	12	3	0	6
	Tuna Kamikaze Roll	180	200	4.5	0.5	0	40	430	29	2	2	12	3	2	8
	Tuna Kamikaze Roll (brown rice)	180	240	5.0	0.5	0	40	430	34	4	2	12	3	2	6
	Spicy Shrimp Roll	187	200	6.0	1.0	0	55	450	28	3	2	10	2	6	10
	Spicy Shrimp Roll (brown rice)	187	230	7.0	1.0	0	55	450	33	5	2	10	2	4	10
	Spicy Salmon Roll	171	180	3.0	0.4	0	20	120	27	1	2	10	3	2	8
	Spicy Salmon Roll (brown rice)	171	210	4.0	0.4	0	20	120	32	3	2	10	3	0	6
	Spicy Tuna Roll	171	170	1.5	0.2	0	15	115	27	1	2	11	3	2	8
	Spicy Tuna Roll (brown rice)	171	200	2.5	0.2	0	15	115	32	3	2	11	3	2	6
	California Roll	211	230	9.0	1.5	0.1	130	480	29	3	5	9	4	6	10
	California Roll (brown rice)	211	260	10.0	1.5	0.1	130	480	34	5	6	9	4	6	10
	Inferno Roll	167	360	20.0	6.0	0.2	55	970	36	4	7	8	4	10	10
	Inferno Roll (brown rice)	167	400	21.0	6.0	0.2	55	970	42	6	7	9	4	8	10
	Miami Roll	161	250	8.0	2.0	0.1	40	450	26	1	2	12	3	4	6
	Miami Roll (brown rice)	161	290	9.0	2.0	0.1	40	450	31	3	2	13	3	2	6
	Smoky Roll	159	210	6.0	1.0	0	35	460	28	2	2	9	3	4	8
	Smoky Roll (brown rice)	159	240	8.0	1.0	0	35	450	34	4	2	10	3	4	8
	Vegetarian Roll	167	170	7	1	0	5	170	26	3	2	4	2	6	6
	Vegetarian Roll (brown rice)	167	210	8	1	0	5	170	31	5	2	5	2	4	5
	Red-Eye Roll	157	180	2.5	0.3	0	45	360	27	1	1	13	4	4	6
	Red-Eye Roll (brown rice)	157	220	3.5	0.3	0	45	360	32	3	1	13	4	2	6
	Rainbow Roll	194	220	6.0	1.0	0	25	125	28	2	2	14	4	2	10
	Rainbow Roll (brown rice)	194	250	7.0	1.0	0	25	125	33	4	2	14	4	2	8
	Boston Roll	176	170	4.5	0.5	0.1	55	390	24	2	2	9	4	6	8
	Boston Roll (brown rice)	176	210	6.0	0.5	0.1	55	390	29	4	2	9	4	4	6
	Grilled Chicken Roll	185	270	14.0	1.5	0	20	380	29	2	2	10	4	2	10
	Grilled Chicken Roll (brown rice)	185	310	15.0	1.5	0	20	370	34	4	2	11	4	2	8
	Snow Crab Roll	170	190	4.0	0.5	0	30	530	26	2	1	11	2	4	6
	Snow Crab Roll (brown rice)	170	220	5.0	0.0	0	30	530	31	4	1	11	2	2	4
	CRISPY ROLLS / 5 pcs														
	Dragon Eye	244	410	22.0	2.0	0.1	40	240	34	3	2	22	5	4	15
	Dragon Eye (brown rice)	244	430	22.0	2.0	0.1	40	240	36	4	2	22	5	2	15
	Philly	207	420	24.0	3.0	0.1	40	560	40	2	2	12	4	2	10
	Philly (brown rice)	207	450	25.0	3.0	0.1	40	560	45	4	2	12	4	2	10
	Deluxe Veggie	163	180	7.0	2.0	0.1	5	260	27	4	3	5	3	4	4
	Deluxe Veggie (brown rice)	163	220	8.0	2.0	0.1	5	260	32	6	3	5	3	4	4
	POKE BOWLS														
	Salmon - white rice	380	490	21	3	0	70	1270	52	3	5	22	14	8	15
	Salmon - brown rice	380	570	23	3	0	70	1270	63	7	5	23	14	6	10
	Salmon - crispy rice	380	500	22	3	0	70	1270	52	3	5	22	14	8	15
	Salmon - salad	317	310	20	3	0	70	980	14	2	6	19	14	6	15
	Volcano - white rice	378	490	22	3	0.1	70	1000	51	2	4	22	13	8	15
	Volcano - brown rice	378	570	24	3	0.1	70	1000	62	7	4	23	13	6	10
	Volcano - crispy rice	378	500	23	3	0.1	70	1000	51	2	4	22	13	8	15
	Volcano - salad	317	310	20	3	0	70	980	14	2	6	19	13	6	15
	Sunrise Poke - white rice	380	480	19	3	0	65	1260	52	3	5	23	16	6	10
	Sunrise Poke - brown rice	380	560	21	3	0	65	1260	62	7	5	24	16	6	10
	Sunrise Poke - crispy rice	380	490	20	3	0	65	1260	52	3	5	23	16	8	15
	Sunrise Poke - salad	317	300	18	2.5	0	65	970	14	2	6	21	16	6	15
	Salmon & Tuna - white rice	380	480	19	3	0	65	1260	52	3	5	23	16	6	10
	Salmon & Tuna - brown rice	380	560	21	3	0	65	1260	62	7	5	24	16	6	10
	Salmon & Tuna - crispy rice	380	490	20	3	0	65	1260	52	3	5	23	16	8	15
	Salmon & Tuna - salad	317	300	18	2.5	0	65	970	14	2	6	21	16	6	15
	Tuna - white rice	380	460	17	2.5	0	60	1260	52	3	5	25	15	8	15
	Tuna - brown rice	380	540	19	2.5	0	60	1260	63	7	5	26	15	6	10
	Tuna - crispy rice	380	470	18	2.5	0	60	1260	52	3	5	25	15	8	15
	Tuna - salad	317	290	16	2.5	0	60	970	14	2	6	22	15	6	15
	Spicy Shrimp - white rice	380	510	18	2.5	0	165	1260	56	3	6	29	11	10	20
	Spicy Shrimp - brown rice	380	590	20	2.5	0	165	1260	67	7	6	30	11	8	20
	Spicy Shrimp - crispy rice	380	520	19	2.5	0	165	1260	56	3	6	29	11	10	20
	Spicy Shrimp - salad	345	310	17	2.5	0	125	1430	19	2	6	22	11	10	20
	Grilled Chicken & Mango - white rice	396	500	18	3	0	85	1310	56	4	9	29	6	8	8
	Grilled Chicken & Mango - brown rice	396	580	21	3	0	85	1310	67	8	9	30	6	6	6
	Grilled Chicken & Mango - crispy rice	396	510	19	3	0	85	1310	56	4	9	29	6	8	8
	Grilled Chicken & Mango - salad	341	340	19	3	0	85	1320	19	5	10	26	6	6	10
	Karaage Chicken & Mango - white rice	422	640	32	6	0.2	90	1560	67	5	8	20	6	8	20
	Karaage Chicken & Mango - brown rice	422	710	34	6	0.2	90	1560	78	9	8	21	6	6	15
	Karaage Chicken & Mango - crispy rice	422	650	33	6	0.2	90	1560	67	0	8	20	6	0	20
	Karaage Chicken & Mango - salad	359	460	31	6	0.2	90	1270	29	4	9	17	6	6	20
	Veggie - white rice	360	433	19	3	0	15	1060	55	6	6	20	10	10	20
	Veggie - brown rice	360	503	21	3	0	15	1060	66	10	6	23	10	8	15
	Veggie - crispy rice	360	447	20	3	0	15	1060	55	6	6	20	10	10	20
	Veggie - salad	290	295	19	3	0	15	1060	17	6	7	20	10	10	20
	Chicken Tao Poke - white rice	422	635	21.7	4	0	0.2	1214	91.7	5.1	20.2	17.4	10	8	15
	Chicken Tao Poke - brown rice	422	715	21.7	4	0	0.2	1214	91.7	5.1	20.2	17.4	10	6	10
	Chicken Tao Poke - crispy rice	422	735	21.7	4	0	0.2	1214	91.7	5.1	20.2	17.4	10	6	15
	Chicken Tao Poke - salad	359	435	21.7	4	0	0.2	1214	91.7	5.1	20.2	17			

★ New	Salmon Candyon Poke - crispy rice	380	706	23.6	4.5	0	70	944	69.4	6.5	10.4	26.9	15	8	20
★ New	Salmon Candyon Poke - salad	345	406	23.6	4.5	0	70	944	69.4	6.5	10.4	26.9	15	6	20
	POKE BASE														
	White rice	150	180	0.00	0	0	0	3	39	0	0	3	1	2	2
	Brown rice	150	250	2.5	0	0	0	2	50	5	0	5	1	0	0
	Crispy rice	150	190	1	0	0	0	3	39	0	0	3	1	2	2
	Salad	150	20	0.2	0	0	0	15	4	2	3	1	5	2	4
	SUSHI BURRITO														
	Salmon & Shrimp Tempura	370	500	19	2	0	90	1060	56	3	2	23	9	4	10
	Spicy Shrimp & Mango	378	450	16	2	0	110	780	56	4	7	19	12	6	20
	Tuna & Salmon	372	420	11	1.5	0	45	540	55	3	1	24	10	6	20
	TARTARE MAKI / 4 pcs														
	Salmon Tartare Maki	123	170	6.0	1.0	0	50	400	19	1	2	10	10	4	10
	Shrimp Tartare Maki	123	160	4.0	0.5	0	90	440	19	1	2	10	8	6	15
	Tuna Tartare Maki	123	160	4.0	0.4	0	45	400	19	1	2	12	10	4	10
	SPRING MAKI / 2 pcs														
	Shrimp Spring Maki	219	310	9.0	1.0	0	50	460	43	1	2	12	3	6	15
	Shrimp Spring Maki (brown rice)	219	360	11.0	1.0	0	50	460	51	4	2	13	3	6	10
	Salmon Spring Maki	263	320	9.0	1.0	0	110	420	47	1	6	13	4	4	10
	Salmon Spring Maki (brown rice)	263	370	11.0	1.0	0	110	520	54	4	6	13	4	4	8
	Tuna Spring Maki	212	280	8.0	0.5	0	15	410	42	1	2	10	4	4	8
	Tuna Spring Maki (brown rice)	212	330	9.0	0.5	0	15	410	49	4	2	11	4	2	6
	Chicken Spring Maki	244	310	14.0	1.0	0	25	490	43	1	36	12	5	6	8
	Chicken Spring Maki (brown rice)	244	390	15.0	1.0	0	25	490	51	4	3	13	5	4	6
	Veggie Spring Maki	258	330	12.0	1.5	0	100	390	48	2	6	7	2	8	15
	Veggie Spring Maki (brown rice)	258	380	14.0	1.5	0	100	390	56	5	6	8	2	6	10
	SUSHI PIZZA / 6 pcs														
	Sunrise	273	550	29	6	0	70	770	51	2	6	19	3	6	15
	Sunrise (brown rice)	273	590	31	6	0	70	770	56	5	7	20	3	4	15
	Authentik	252	530	30.0	5.0	0.0	70	780	43	1	1	22	4	6	15
	Authentik (brown rice)	252	570	31.0	5.0	0.0	70	780	48	3	1	22	4	4	10
	TEMARI / 4 pcs														
	Teriyaki Bombs 4 pcs	252	600	36	6	0	100	1000	48	0	12	16	2	8	8
	Teriyaki Bombs (brown rice) 4 pcs	252	640	36	6	0.1	100	1000	56	4	12	16	2	0	8
	Veggie Bombs 4 pcs	216	480	28	6	0	600	760	40	0	8	8	2	8	8
	Veggie Bombs (brown rice) 4 pcs	216	520	32	6	0.1	600	760	48	4	8	8	2	8	0
	COMBOS														
★ New	Junior Combo	207	325	13	2	0	47	157	41	3.5	1	11	7	6	8
★ New	Mom-to-be Combo	403	630	26	5	0	75	755	76	7	10	25	14	10	18
★ New	Ocean Combo	250	305	10	3	0	33	445	42	4	2	15	12	7	11
★ New	Maika Combo	303	465	20	2.5	0.1	103	755	45	3.5	2	24	4	5	15
★ New	Peony Combo	430	535	21	5	0	5	370	77	9	8	15	11	22	22
★ New	Torched Combo	592	1000	49	6	0	172	870	89	5	3	46	6	11	17
★ New	Crab Combo	414	650	30	5	0	80	1045	72	6	7	23	7	12	16
★ New	Zenith Combo	439	590	23	3	0	88	515	73	4	2	29	13	12	13
★ New	Salmon Lover Combo	300	375	11	2	0	73	248	42	3	1	28	11	6	13
★ New	Tuna Lover Combo	302	365	8	1	0	60	285	43	3	1	29	8	5	10
★ New	Omega Combo	373	435	12	2	0	90	578	62	5	3	21	8	9	18
★ New	Flame Combo	459	790	40	8	0	85	1035	77	6	9	32	15	12	21
★ New	Inis Combo	733	800	18	2	0	260	1030	117	7	10	40	14	20	36
★ New	Fusion Combo	806	1185	48	7	0	295	1845	130	9	14	55	18	20	33
	PLATTERS														
	Sakura Platter (full)	1428	2050	79	12	0	370	4140	246	17	14	94	42	34	79
	Sakura Platter (per serving, serves 4)	357	513	20	3	0	93	1035	62	4	4	24	11	9	20
	Kaia Platter (full)	1552	2440	119	17	1	375	3485	252	22	18	96	26	30	74
	Kaia Platter (per serving, serves 4)	388	610	30	4	0	94	871	63	6	5	24	7	8	19
	Camelia Platter (full)	1361	1950	75	11	0	310	3715	238	18	11	84	41	34	75
	Camelia Platter (per serving, serves 4)	340	488	19	3	0	78	930	60	5	3	21	10	9	19
★ New	Hina Platter	1357	1850	72	12	0	235	2040	225	21	19	73	35	41	57
★ New	Hina Platter (per serving, serves 4)	339	463	18	3	0	59	510	56	5	5	18	9	10	14
	Magnolia Platter (full)	1599	2210	83	11	0	385	3260	254	19	23	11	44	36	75
	Magnolia Platter (per serving, serves 4)	400	553	21	3	0	96	815	64	5	6	28	11	9	19
★ New	Orchid Platter (full)	2437	3420	133	16	1	635	4025	393	31	20	160	55	52	104
★ New	Orchid Platter (per serving, serves 6)	406	570	22	3	0	106	671	66	5	3	27	9	9	17
★ New	Fuji Platter (full)	3020	4290	165	29	1	725	5095	493	39	43	201	75	66	133
★ New	Fuji Platter (per serving, serves 8)	378	536	21	4	0	91	637	62	5	5	25	9	8	17
★ New	Plateau Bara (complet)	3252	5190	217	38	1	760	8105	573	41	55	224	79	64	173
★ New	Plateau Bara (par portion, pour 8)	407	649	27	5	0	95	1013	72	5	7	28	10	8	22
	DESSERTS														
★ New	Japanese yuzu cake	60	120	9	5	0.0	50	95	8	0	7	2	1	2	1
	EXTRAS														
	Sesame sauce	24	105	11.0	0.5	0	5	210	2	0	2	1	0	0	0
	Tao sauce	30	63	0.0	0.0	0	0	200	15	1	7	0	1	0	0
	Light spicy mayo	24	70	8	0.5	1	10	130	1	0	0	0.2	0	0	0
	Gluten-free soy sauce	24	20	0	0	0	0	1300	2	0	1	2	0	0	0
	Regular soy sauce	24	30	0	0	0	0	720	6	0	6	1	0	0	1
	Yin Yang sauce	25	120	11	1.5	0	20	220	3	0	3	0.1	0	0	0
	Sweet chili sauce	24	45	0	0	0	0	110	9	0	8	0	0	0	0
	Ponzu sauce	30	10	0.5	0.1	0	0	2700	1	0	1	0.2	0	0	0
★ New	Mango Habanero Sauce	30	156	15.5	2.5	0	9	186	3.6	0	2.6	0.2	1	0	0
★ New	Hot honey sauce	30	100	0	0	0	0	24	0	23	0	0	0	0	0
★ New	Carrots (30 g)	30	12	0	0	0	0	21	3	0.8	1.4	0	2	1	0
	Avocado (30 g)	30	50	5	1	0	0	2	3	2	0	1	4	0	2
	Cucumber (30 g)	30	5	0	0	0	0	1	1	0	1	0	1	0	0
	Mini Wakame Salad	24	20	0.4	0	0	0	320	3	1	2	0	0	20	0
	Mini Edamame	28	35	1	0	0	0	110	3	1	0	3	0	2	4
	Japanese Crab Stick (1 pc)	30	30	0	0	0	5	250	5	0	2	2	1	0	0
	Shrimp (5 pcs)	30	20	0	0	0	40	170	0	0	0	4	1	2	0
	Tempura Shrimp	20	60	2.5	0	0	15	40	6	0	0	3	1	1	0
	Salmon (30 g)	30	45	2	0	0	15	15	0	0	0	6	3	0	2
	Smoked salmon (30 g)	30	35	2	0	0	5	240	0	0	0	5	3	0	2
	Tuna (30 g)	30	30	0	0	0	15	10	0	0	0	7	3	0	2
	Crab (30 g)	30	35	0	0	0	35	115	0	0	0	7	3	4	2
	Lobster (15 g)	15	15	0	0	0	10	55	0	0	0	3	3	0	0
	Seafood (salmon, shrimp, kanikama)	50	60	1.5	0.3	0	45	160	2	0	1	9	3	2	4
	Karaage Chicken (2 pcs)	40	110	7	2	0	25	150	6	0	0	5	4	0	4
	Grilled chicken	40	45	1	0.3	0	25	130	1	0	0	8	4	2	0
	Red masago (8 g)	8	10	0	0	0	25	180	1	0	1	1	0	0	0
	Tempura (15 g)	15	50	5	1	0	0	2	2	0	0	0	0	0	2
	Ginger (30 g)	30	20	0	0	0	0	460	5	0	0	0	3	0	0
	Cream cheese (20 g)	20	45	4	3	0	15	100	1	0	1	2	1	2	0
	Wasabi (20 g)	20	60	2	0	0	0	680	9	1	3	0	0	1	0
	BOWL OF RICE														
	White rice	125	85	0.15	0	0	0	0	18	0	0	2	1	0	0
	Brown rice	125	95	1	0	0	0	0	20	2	0	3	1	0	0
	SUSHI WRAPPERS														
	Nori	6	2	0	0	0	0	4	0	0	0	0.4	3	0	0
	Rice paper	10	35	0	0	0	0	95	8	0	0	0.2	0	0	2

Soy paper	4	15	0.5	0	0	0	20	1	0	0	2	0	0	0
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